

How should I study for the test?

Two efficient and effective strategies to use when studying for any assessment.

Question Your Knowledge

One aspect of learning that gets students in trouble is **assuming**.

This occurs when we think we know material we really do not. The only way to know whether you possess knowledge is to **assess**.

Ask questions.

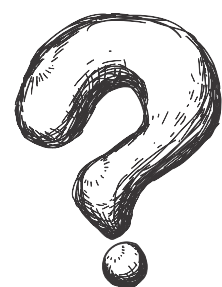
Can you answer them correctly?

Make flashcards. Take a quiz.

Have a discussion.

Retrieve and use the material.

If you cannot answer the questions or use the information, you should focus on studying that material.



Plan Ahead with Studying

Instead of cramming for hours the night before the test, try carving out ten to twenty minutes for studying three or four nights before the test.

You'll save time, overall and remember more information.

By spacing out your studying, you are actually using a strategy that has shown evidence of increasing retention of material.

You'll probably find these shorter spurts of studying easier to manage, too.

